

# Meskwaki Nation Times

SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA

Volume 16 Issue 03 | March 2019





## DIRECTORY

**TRIBAL POLICE** 484-4844  
**FOR EMERGENCIES** DIAL 911

### TRIBAL OPERATIONS

Tribal Center Offices	484-4678
• Attorney General Office	484-4678
• Child Support Services	484-9301
• Economic Development	484-9501
• Enrollment	484-9233
• Executive Offices	484-4678
• Facilities Management	484-9255
• Family Services	484-4444
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• Higher Education	484-3157
• Historical Preservation	484-3185
• Housing/Realty	484-4972
• Human Resources	484-4678
• Information Technology	484-9245
• Language Preservation	484-3185
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• Natural Resources	484-3511
• Police	484-4844
• Prosecutors Office	484-4678
• Public Defender's Office	484-9214
• Public Works	484-4600
• Senior Services	484-9224
• Victim Services Crisis Line	
* Answered 24 Hours	481-0334
• Youth Program	484-5369

### MESKWAKI HEALTH SERVICES

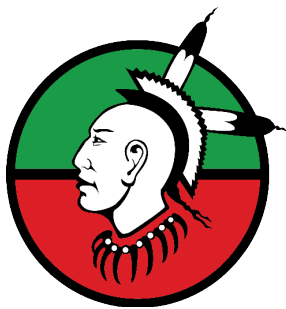
Health Clinic	484-4094
• Contract Health Services	484-9406
• Benefits Coordinator	484-9404
• Medical Records	484-9431
• CHR Program	484-9419
• Diabetes Program	484-9414
• MADAC	484-9482
• MADAC Crisis Line	
*Answered 24 hours	481-0049
• Pharmacy	484-9451
• Wellness Center	484-9272

### MESKWAKI SETTLEMENT SCHOOL

• Primary	484-4990
• High School	484-9000

### MESKWAKI ENTITIES

GAMING COMMISSION	484-1450
HOUSING AUTHORITY	484-6106
MESKWAKI CASINO	484-2108
TRAVEL PLAZA	484-9350
TRIBAL COURT	484-9300
MESKWAKI, INC.	484-3820
PINNACLE BANK (Mtown)	752-2393
PINNACLE BANK (Toledo)	484-7303



**SAC & FOX TRIBE OF THE  
MISSISSIPPI IN IOWA**

### **THE MESKWAKI NATION**

349 Meskwaki Road  
Tama, Iowa 52339

Phone: 641-484-4678 or 800-944-9503

Fax: 641-484-5424

**"TO RELY ON THE KNOWLEDGE AND EXPERIENCES  
OF THE PAST, ALONG WITH THE WILL TO SURVIVE  
TO ADVANCE THE PEOPLE, CULTURE AND  
WELL-BEING OF THE MESKWAKI NATION."**

#### **Chairman - Anthony Waseskuk**

Term expires November 2019

#### **Vice Chairman - Adrian Pushetonequa**

Term expires November 2021

#### **Treasurer - Delonda Pushetonequa**

Term expires November 2021

#### **Member - Jarvis Bear**

Term expires November 2021

#### **Tribal Council**

##### **Member - Apollo Davenport**

Term expires November 2019

##### **Member - Harvey Davenport, Jr.**

Term expires November 2021

##### **Member - Troy Wanatee**

Term expires November 2019

Meskwaki Nation  
Graduation Pow Wow

**HONORING  
THE CLASS  
OF 2019**

*Saturday, May 25th, 2019*  
*Meskwaki Settlement School - HS Gymnasium*

## U.S. ENVIRONMENTAL PROTECTION AGENCY, REGION 7 NOTICE OF APPLICATION FROM THE SAC & FOX TRIBE OF MISSISSIPPI IN IOWA FOR ELIGIBILITY TO ADMINISTER REGULATORY PROGRAMS UNDER CLEAN WATER ACT SECTIONS 518, 303(C) AND 401

The U.S. Environmental Protection Agency (EPA) Region 7 announces the comment period on the application from the Sac & Fox Tribe of Mississippi in Iowa, also known as the Meskwaki Nation (the "Nation") seeking an EPA determination under section 518(e) of the Clean Water Act (CWA) of the Nation's eligibility to administer tribal water quality standards and water quality certification regulatory programs (CWA sections 303(c) and 401). Notice for the comment period is published on March 1, 2019 in the Meskwaki Nation Times as well as the Des Moines Register and Marshalltown Times Republican. The comment period concludes on April 1, 2019.

The Nation submitted the application in the spring of 2017. The EPA provided the Meskwaki Nation with a notice that the application is ready for review after the agency conducted a preliminary review, communicated with the Nation, and received additional information. Before determining the Nation's eligibility, federal regulations require the EPA to notify "appropriate governmental entities" and provide 30 days for written comment "limited to the Tribes assertion of authority." See CWA regulations found at 40 CFR 131.8(c)(3). The agency interprets the term "appropriate governmental entities" to include those states, tribes and other federal entities located adjacent to the tribe applying for eligibility. Thus, in accordance with the CWA regulations, the EPA provided notice and an opportunity for comment from the state of Iowa on the Tribe's assertion of authority to regulate surface water quality in the waters described above. The EPA has provided the State with a copy of the complete application with supporting maps. In addition to the written notice to the state of Iowa, in accordance with the EPA's policies, the agency is publishing this announcement to notify interested parties of the Nation's assertion of

authority. A copy of the application materials, the additional information submitted by the Nation and the letter to Iowa can be found in the administrative record for this matter. These documents are available for public review.

At this time, the EPA is reviewing the Nation's eligibility application in accordance with the federal water quality standards regulation at 40 CFR 131.8 and requests comments on the Nation's assertion of authority to regulate surface water quality under CWA sections 303(c) and 401 within the trust lands identified in the application.

Approval of the eligibility application would allow the Meskwaki Nation to submit water quality standards to EPA for review and action under CWA section 303(c) for all surface waters within the trust lands identified in the Nation's application. These surface waters include portions of the Iowa River, Onion Creek, Raven Creek, Cattail Creek, Bennett Creek and several unnamed tributaries. Approval would also provide the Meskwaki Nation with the authority to issue or deny section 401 certification for federal permits or licenses for activities on these trust lands that may result in a discharge to surface waters.

The Nation's lands and reservation waters are located Tama County in the state of Iowa. The eligibility application only includes lands held in trust by the federal government for the Meskwaki

Nation. A copy of the Nation's complete application, which includes a table and maps identifying the tribal trust lands, is available at the following EPA website: <https://www.epa.gov/ks/region-7-public-notice>. The Nation's application may also be reviewed, or copied at requestor's expense, on weekdays from 8:00 am to 4:30 pm, at the Meskwaki Nation Department of Natural Resources. The Meskwaki Natural Resources is located at 1826 340th Street, Tama, IA 41707, Jarrett Pfrimmer, Director, Meskwaki Nation Natural Resources, phone (641) 484-3511 or fax (641) 484-3614.

Comments on the Meskwaki Nation's assertion of authority to regulate surface water quality under CWA sections 303(c) and 401 within the lands identified in the Nation's application may be submitted in writing, to EPA Region 7, at the address listed below, or by email, through April 1, 2019.

Water Wetlands and Pesticides Division  
United States Environmental Protection  
Agency  
11201 Renner Blvd.  
Lenexa, KS  
Water Division, EPA Region 7  
[Tucker.Sondra@epa.gov](mailto:Tucker.Sondra@epa.gov)

If you have any questions, please contact Sondra Tucker in the EPA Region 7 office by email at [tucker.sondra@epa.gov](mailto:tucker.sondra@epa.gov) or by phone at 913-551-7796 or 1-800-223-0425 (toll-free).



**MESKWAKI FOOD SOVEREIGNTY PRESENTS**

# Spring Equinox Community Meal

**TUESDAY MARCH 19 | 5:00 PM | TRIBAL CENTER GYM**

**Free & open to all regardless of tribal enrollment status or residency**



## MESKWAKI NATION TRAVELS TO MINNEAPOLIS MMIW MARCH

Members of the Meskwaki community traveled north to Minneapolis, MN (pictured on cover) to participate and march in the MMIW: Missing & Murdered Indigenous Peoples March on Thursday, February 14. Several local marchers carried handmade signs in honor of Rita Papakee who has been missing from the Meskwaki Settlement since January 16, 2015. The group of around 60 marchers braved cold temperatures and slick roads to stand in solidarity for those missing and murdered Indigenous women, girls, boys, two spirit and transgender relatives.

Prior to the event in Minneapolis, a group of community members raised funds and helped organize participants to travel and march together. Meskwaki Nation accounted for over 60 marchers that joined in with hundreds more who came from all over the Midwest to show their support.

2019 was the second year for an organized group of Meskwaki community members to travel and participate in the MMIW: Missing & Murdered Indigenous Peoples March. Organizers report that the group nearly tripled in size this year, growing from 5 vehicles and 23 people in 2018 to 17 vehicles and over 60 people this year.

The group has several individuals who they would like to thank. Thank you to Quinton Pushetonequa for t-shirt designs and for completing shirt orders on short notice. Thank you to Tashina Azure for driving and getting youth and community members home safely. Thank you to Ladonna Marland and another anonymous donor for the donation of red skirts. Thank you to Maurice Johnson for the donation of a gas card. Thank you to Crystal Mzhickteno for taking photos during the event. Thank you to all 60+ people that took the time to travel and march with us in winter conditions. Thank you to those that have either volunteered or participated in fundraising efforts that helped us get to Minneapolis.

Organizers hope to continue their efforts here in Iowa as well as to travel to participate in the Minneapolis march in the years to come. Advocates for the MMIW movement also hope to see legislation introduced and considered at the national level that would help protect Native American women from the violence they experience at much higher rates than any other demographic in the country. Such legislation would also seek justice for the families with missing and murdered loved ones.

Planning efforts are underway for either a local or a state event to coincide with the National MMIW Awareness Day on May 5th. Stay tuned for those details in the coming weeks.









## HUNTER'S FEAST

The Hunter's Feast was a celebration of winter seasonal foods hosted by Meskwaki Food Sovereignty on February 12, 2019. This annual event has been known in the past as the Winter Wild Game Feast, and is a community favorite. For 2019, we rebranded the event as "Dideneniwaki Ketadamekonana" (directly translated – The Hunters are Feeding Us), aka the "Hunter's Feast." Despite a winter storm on the 12th, and an early Tribal Ops closure, we were very excited to have a good turnout for the event. We are so thankful for all who spent time with us and enjoyed a meal together on a snowy evening. The meal featured corn & venison soup, braised rabbit, fried whitefish, and an assortment of buffalo meat including roast, liver, and tongue. In addition to the meat, our chefs prepared wabikoni, tagaani, wild rice, berries, roasted root vegetables, fry bread, and tea. The great majority of food we served was produced locally in our gardens, donated by local hunters, or purchased from regional native producers, and we were excited to grind the tagaani with a traditional botaakani – a mortar and pestle made of a burnt out hardwood log.

As we began to plan out 2019, including the Hunter's Feast, we had in mind the effects of the 2018 Great Lakes Intertribal Food Summit hosted here at Meskwaki last spring. We saw the food summit have a huge positive effect on us, and on those who attended – both from this community and from the greater great lakes region. We were inspired to plan for four seasonal "mini food summits" throughout 2019, during which we will highlight seasonal foods and activities. The Hunter's Feast was the first of these "mini food summit" events for 2019, and we were excited to welcome back some chefs who cooked at the first food summit to help prepare the meal. Avis Bear-Bass was one of our local chefs who was very involved

in cooking for the food summit. Desse Sheridan, who made the fry bread for the Hunter's Feast, also was involved with preparing a meal at the food summit. We were also excited to welcome back two regionally based chefs- Elena Terry and Yusuf Bin-Rella, both from Wisconsin. Elena and Yusuf both talked about how much they enjoyed and were influenced by the food summit and how excited they were to be back at Meskwaki again.

We are constantly inspired by the power of food to bring people together, help us form connections, and bring out powerful memories and stories. At this event, and later as we shared some leftovers in our office, we heard from community members, coworkers, and friends about the memories and ideas sparked by the food served. Some people shared stories of their family wild rice recipes and the memories they have of those past meals. Others talked about ideas for new recipes and preparations, such as grinding their own cornmeal from scratch. Our main goal for events like the Hunter's Feast is to bring forth these memories, stories, and ideas so that they can inform us in our work, and inspire the community.

We would like to especially thank Max Bear and Sean Bear for hunting and donating meat to be prepared at this event – it could not have gone on without you!

Thank you to Jarvis Bear for donating Maple Sugar to be used in the meal.

Special thanks to our chefs for their hard work preparing a delicious meal – Avis Bear-Bass, Desse and Diaz Sheridan, Elena Terry, and Yusuf Bin-Rella.

To those who were unable to make it to the Hunter's Feast – we missed you, and we hope to see you at our next event! Save the date for our Spring Equinox Community Meal taking place on March 19th at 5:00pm at the Tribal Center Gym. Like all our events, this community meal will be free and open to everyone, regardless of tribal enrollment or residency. If you have any questions, always feel welcome to call us at 484-9507.

~ Meskwaki Food Sovereignty Initiative







Dear Meskwaki Community,

I was recently asked to share a story about how the former "Whiskey Bottom Road" got the name. It is now called "Springs Road" but I liked the old name and how it came to be called "Whiskey Bottom" is a story that has a bit of colorful history to it. In 1920 the US government decided that alcohol consumption within the population was dangerous to the overall well being of everyone. Politics and other factors led to the passing of the 18th Amendment also known as the Volstead Act, making it illegal to manufacture or consume alcohol. It was still legal to use wine in communion at church, or to use alcohol for medical procedures but anything else was considered a crime. This is a story that was told to me by my late Koko, and this is how "Whiskey Bottom" got its name. During Prohibition, people still had a desire to drink alcohol even though it was against the law. Because it could not be made or sold legally, people did it illegally, here on the Settlement and all over the country. There were liquor stills popping up everywhere, they were usually hidden deep in the woods or along the rivers where they were close to a water source. My Koko's dad had one of these stills and created home brew that he sold to people on and off the Settlement. My Koko and her sister would help with putting the brew into mason jars. He wasn't the only person that did this work on the Settlement and eventually he was caught and served some jail time. Thus, the road now known as "Springs Road" on the Settlement earned its original tag "Whiskey Bottom" from the Prohibition and our local moonshine. While Prohibition was overturned in 1933, Whiskey Bottom

kept its name till the powers that be decided that the affiliation to the word whiskey was too negative. I understand the reasoning, but I always like the name regardless. I wanted to share this little Meskwaki history bite for some of our younger readers.

On a different note, I wanted to let everyone know that our museum has received our gift of a "Little Free Library". The library unit will be installed as soon as all of the snow melts and the ground is no longer frozen. I have reached out to the Meskwaki Apprenticeship Program to do us the honor of installing our library and Matt Bear graciously accepted. We were also gifted some books to add to this library and the museum will fill the remaining space with a number of Native books and periodicals. The "Little Free Library" is a world wide program to promote literacy and love of reading. There is no charge to anyone for using the books and it relies completely on an honor system. I will try to maintain a balance of reading materials available for everyone and keep some journal articles relevant to the Meskwaki Nation printed to add for your reading.

I would like to ask all former Meskwaki Royalty (Princesses) if you could let me have a photograph of you in regalia, sash & crown, plus the years of your reign. I want to create a display case showing as many princesses as possible. I have also asked a few former princesses to loan the museum their crowns, and I have received permission from 3 so far. Being an ambassador for a tribe or an organization is a big responsibility and taking time to recognize the women that stepped up to that responsibility is important. It would be my honor to do that on your behalf. This isn't just for MAPA princesses, but for women that represented other organizations, or schools outside of the Meskwaki community. Just bring your photographs to the museum and I will have a release for you to sign.

The museum will continue to open our door every Tuesday night for sewing/beading. We have had very low attendance and very few actual nights of working. Cancellations happened due to extreme weather or because of other reasons, but I am going to keep being present for the people that want to work on their regalia. Winter is the best time to get this work done. You can have your projects done by the time the warm weather arrives. I look forward to seeing you sometime in the future!

~ Bo na bi ga- Mary Young Bear  
tc.historic@meskwaki-nsn.gov



## MARK YOUR CALENDARS!

The dates for the next Meskwaki Symposium have been set for next year (2020)! The two-day symposium will be a major event for our entire community, partners and friends. It will be held on **June 24 - 25, 2020** at the Meskwaki Veterans Convention Center.

Please keep these dates in mind as your department or business makes plans for the future.

A committee has formed to begin planning aspects to showcase and to begin making preparations. The committee wants to give everyone a "heads up" on the date well in advance. Please contact Mary Young Bear at the Meskwaki Museum if you have ideas for the Symposium or want to develop ways to get your department involved ... (641) 484-3185.





## SCHROCK QUALIFIES FOR STATE WRESTLING

Congrats to STC sophomore Kalem Schrock in qualifying for the Iowa High School State Wrestling Tournament this year. During the State qualifying District tournament in Knoxville on Feb. 9, Schrock was injured following an illegal maneuver by his first-round opponent, Jace Smith of PCM. Smith was then disqualified from the match, giving the first-round victory to Schrock. In the second-round championship match, Schrock was forced into a medical forfeit but was still awarded a runner-up finish and a State tournament qualification. With the State wrestling tournament less than one week away, Schrock was not cleared to return to the mat and was forced to forfeit his spot in the State tournament.

The 2018-19 wrestling season was the first experience Schrock has had on the wrestling mats. The sophomore qualified for the State wrestling tournament in the 285lb class where he wrestled most of the season, compiling a 13-16 record. Schrock is the son of Jeff Schrock and Holly Youngbear-Schrock.

*\*Photo courtesy of Allison Graham, Tama News Herald*



**MSS Large Group Speech:** (left to right) back row: Jared Davenport, Tracie Kapayou, Abigail Iron Shell, Danielle Seymour, Emmett Roberts, Nina Seymour, Marybelle Armajo, Tate' Bear; front row: Ahnoong Xaivong, Marley Whitefish, Payton Tahahwah, Geanna Bear, Genesis Ramirez, Aleena Pushetonequa, Zandra Youngbear

Congrats to Nina Seymour and Marybelle Armajo who were All State Speech Qualifiers in the Short Film category. *\*Photo provided*



**STC Large Group Speech:** (left to right) back row: Dorothy Youngbear, Zoe Buffalo, Addie Romero, Azra Papakee, Isaac Shuckahosee; front row: Kaisha Wanatee, Veronica Peters, Abby Buffalo, Trusten Rosenberger; not pictured: Ezra Arriaga, Queta Wanatee-Diego.

Congrats to Veronica Peters who was part of STC's All State qualifying One Act Play and to Trusten Rosenberger who was part of STC's All State qualifying Reader's Theatre.



## LASLEY SIGNS WITH SOUTHEASTERN CC

Meskwaki Warriors senior Tori Lasley signed her letter of intent to study and continue her volleyball career at Southeastern Community College (Burlington, IA) next school year. Family, coaches, teachers, teammates, and friends gathered at the MSS gymnasium on Thursday, February 21 to celebrate the occasion. After playing four seasons for the Warriors, Lasley wrapped up her senior season last fall ranked third in the Iowa Star South Conference in blocks and ranked fourth in the conference in kills. Lasley is the daughter of Virgil Lasley and Lori Beck.



Members of the Meskwaki Tribal Operations Health and Law Enforcement staff gave presentations at the South Tama County High School and Middle School on Friday, February 8. MNPD Detective Jacob Molitor and Meskwaki Health Educator Ashley Aylsworth hosted the assemblies at STC that were geared around the topic of healthy and safe uses of social media for young people.

*\*Photo courtesy of Allison Graham, Tama News Herald*





Meskwaki Settlement School celebrated their winter season Senior Night on February 4 during a home basketball doubleheader against West Marshall. Between the boys and girls varsity games the senior athletes were presented with gift baskets and were honored at half court with their families. Seniors being honored included: Abigail Iron Shell, Leticia Garcia, Tracie Kapayou, Tori Lasley, Danielle Seymour, Noah Seymour, Marley Whitefish, Tate' Bear, and Ellis Lasley.



South Tama HS celebrated Senior Nights during home basketball games on February 8 and 9. Seniors being honored this season included: basketball: Keith Keahna, Abby Buffalo, Zoe Buffalo, Abbie Morgan, Queta Wanatee-Diego; cheer: Addie Romero, pep band: Chaysen OldBear. \*Photos courtesy of Allison Graham, Tama News Herald



Four young wrestlers recently earned the opportunity to compete at the Iowa AAU Kids State Tournament at Wells Fargo Arena in Des Moines on Saturday, February 23. Nathaniel Palmarez, Amare Chavez, MaCael Bear, and Marcus Bear each qualified for the state tournament after competing at a District tournament in Webster City two weeks prior. Palmarez, Chavez, and MaCael Bear competed in the 7th/8th grade division while Marcus Bear competed in the 5th/6th grade division. 2019 was the third year qualifying for Marcus Bear, the second year qualifying for Chavez, and the first year for Palmarez and MaCael Bear. Congrats to these young student-athletes on their accomplishments this season and for representing Meskwaki Nation at the state level.

Pictured (L to R): back: Nathaniel Palmarez; front: Marcus Bear, Amare Chavez, MaCael Bear. \*Photo provided



## INDIGENOUS LEADERS FROM RUSSIA VISIT MESKWAKI NATION

On Thursday, February 21 Meskwaki Nation welcomed a group of visitors who were part of the "Arctic-FROST: Arctic Frontiers of Sustainability: Resources, Societies, Environments and Development in the Changing North" project at the University of Northern Iowa. The group toured the Meskwaki Cultural Center and Museum and heard from Historical Preservation Director Johnathon Buffalo about some of the Tribe's history. The visit was part of a two-day workshop in Cedar Falls titled "Indigenous Self-Governance and Sustainable Development Goals in the Arctic". The group consisted of Indigenous leaders and elders from Russia who have been at the forefront of the Indigenous movement both at the national and international level. Also in attendance were early career Indigenous scholars from Russia and several representatives of the US NGOs. Welcoming the Arctic-FROST delegation were members of the Meskwaki Tribal Council, Executive Management, and the Historical Preservation Department.



# MESKWAKI NATURAL RESOURCES

**PRESERVE - CONSERVE - RESTORE**

## PREPARING FOR PRESCRIBED FIRE SEASON

Each year, MNR staff develops a priority list of natural areas that should be burnt (based on a 2-5 year rotation). It is important to note that this map is weather dependant, meaning burn units depend on specific weather conditions for the day we are burning; wind direction and speed, temperature, moisture levels, river flooding forecast, etc.

If you have any questions or concerns about the 2019 burn plan please contact the Habitat Specialist at (641) 484-3511 or [tech.mdnr@meskwaki-nsn.gov](mailto:tech.mdnr@meskwaki-nsn.gov). Please see the map (left) of the 2019 planned controlled burn units.

~ Megan Dietrich, Habitat Specialist



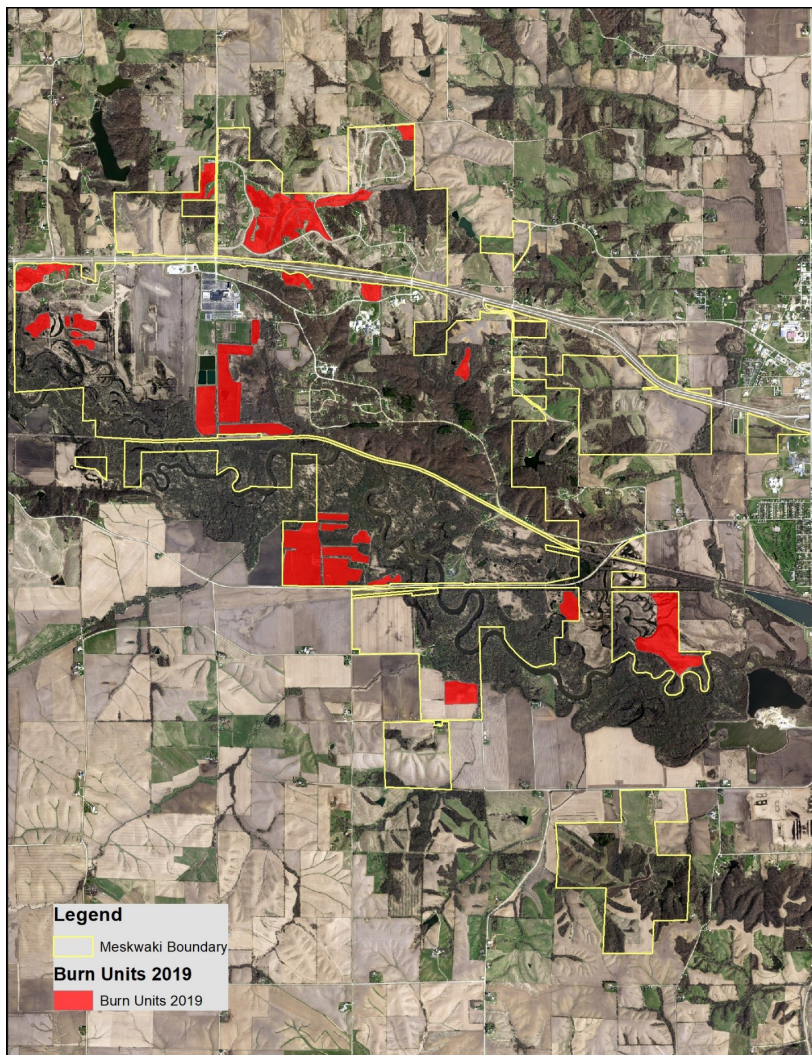
## IN YOUR BACKYARD

Despite their appearance, the opossum is not related to rodents, like the rat. They are actually in the marsupial family; in fact, the only marsupial species in the state of Iowa. A marsupial is a mammal that carries their young in a pouch in their abdomen, you probably think of critters like kangaroos or koala bears, but you definitely won't find those in your backyard!

The opossum has 50 teeth, the most of all North American land mammals. The hairless tail is used for grasping tree branches, balancing, and carrying nest materials. The opossum does not hang upside down by its tail, despite Hollywood's ambitious efforts to make us think they do.

Their diets consist of all types of bugs, snails, mice, and even the cat food left outside overnight. Finally, their best defense mechanism "playing opossum" or "playing dead" is used to trick the predator and force them to lose interest.

~ Megan Dietrich, Habitat Specialist



## PRESCRIBED FIRE SMOKE MANAGEMENT PLANNING

MNR staff makes every attempt to prevent smoke from reaching your household, however, smoke is inevitable when performing prescribed burns. If you, or someone in your household, has any health concerns triggered by smoke (i.e. asthma) or just has concerns in general about the 2019 prescribed fire season, please let the Habitat Specialist know at: **(641) 484-3511** or [tech.mdnr@meskwaki-nsn.gov](mailto:tech.mdnr@meskwaki-nsn.gov) so we can plan accordingly.





## "FROM THE FARM"

While the cold, snowy weather has continued on through February, we have continued to plan out the new direction for Red Earth Gardens since the restructuring that occurred this fall. While we await the opportunity to work the ground and begin forming our permanent no-till production beds, plot out and plant windbreaks, fruit trees, and berry bushes, and all of the other many and various projects to be accomplished to restart the farm, we are grateful for the time to continue the preparations. Much of the prep is not as exciting as the actual doing, but it is nevertheless important for the purpose of setting the farm up to be better than ever at stewarding the land and growing the farm in meaningful ways for a successful future.

March will bring, at least hopefully, warmer days and thawing fields, so we can begin the development of extending water lines for more permanent irrigation systems, as well as getting additional utilities in place to the farm workshop/barn, as well as to convert the unheated high tunnel into a heated, ventilated, and irrigated production greenhouse that will enable us to provide fresh,

nutritious and beyond organic produce nearly all year. We are also ordering new tools to greatly increase efficiency with weeding and planting that will help to maintain soil health in a better way. It is our goal to continue to increase the capacity of the farm to produce more food for longer each season here on out, and this season will be key to making good progress in that direction.

As exciting as the higher tech developments can be, our goal remains to best manage the elements of nature, and build regenerative systems on the farm. Composting operations will continue, but we are also developing a couple of new systems to further natural soil fertility. One is our vermicomposting system, which is a worm farm fed food scraps and coffee grounds. In exchange, we get one of the best organic fertilizers available. The system is overwintering in the greenhouse, but will be moved outdoors and expanded once the weather allows. We can take waste and make it into a high-value resource! We will also build a compost bio-reactor, which is fairly simple in design and management, but has proven to create fungal-dominated soils high in organic matter, similar to a healthy forest floor, and will further our soil health and nutrient-dense produce objectives at the same time. We continue to pursue the goals of healthy land and healthy people, as you cannot

have one without the other.

As part of the restructuring, Shelley Kapayou and I have been putting in much work at making budget modification requests with the ANA grant to Red Earth Gardens so that funding can be directed where it can have the most positive impact moving forward. Getting everything worked out and meeting deadlines has been a bit stressful, and has made me just want to retreat to the greenhouse and start seeds, but the effort is worth it, as the results for the community will be good. If all gets approved, we will enthusiastically be unveiling a couple new enterprises soon that will be sure to add exciting new offerings and allow for extra opportunities for good growth and development of the motto of Red Earth Gardens, which is, "Growing Food, Farmers, and Community." Until next time, be well.

-Grant Shadden, Farm Manager

**Veterinary Public Health Club**  
Iowa State University  
College of Veterinary Medicine

## FREE Rabies Vaccination Clinic!



**Who:** Meskwaki dogs and cats

**What:** A Rabies Vaccination Clinic and More

- Have your dog(s) and/or cat(s) receive a free veterinary physical exam
- Learn about rabies and how to prevent it
- **Get your dog(s) and/or cat(s) vaccinated against rabies**
  - Rabies is a fatal disease of animals and humans
- **Learn about mange, its treatment, and how to prevent it**
- Learn about other diseases shared between animals and humans

**When:** Saturday, April 6th, 2019; 10am-2pm  
No appointments needed, first come, first served

**Where:** Meskwaki Public Works  
1632 305<sup>th</sup> St.  
Tama, IA. 52339

**Cost:** FREE



## MENTAL HEALTH MATTERS: SEASONAL AFFECTIVE DISORDER (SAD)

### What is it?

Seasonal affective disorder (SAD) is a form of depression that recurs regularly at certain times of the year, usually beginning in late fall or winter and lasting into spring.

Scientists believe SAD is caused by a biochemical change in the brain, triggered by shorter days and reduced sunlight during the winter. In particular, two chemicals in the brain, serotonin and melatonin, have been linked to changes in mood, energy, and sleep patterns. Low levels of serotonin are associated with depression. Serotonin production is activated by sunlight, so less sunlight in winter could lower serotonin levels, leading to depression. Melatonin regulates sleep and is produced in greater quantities in darkness. Higher melatonin levels could cause sleepiness and lethargy as the days get shorter. The combination of the changes in the levels of serotonin and melatonin could contribute to SAD.

### What are the symptoms?

Some symptoms of SAD include depressed mood, loss of energy, increased sleep, anxiety, irritability and difficulty concentrating. Many also experience a change in appetite, particularly a craving for carbohydrates, which can lead to weight gain. Some people report a heavy feeling in their arms and legs.

### Who is at risk?

There are various risk factors for the development of SAD. Females are up to four times more likely to be affected than males. Although SAD can affect children, it is reported mostly in people between the ages of 18 and 30, with incidences decreasing with age. Many have a family history of mental illness. Studies have shown that living farther away from the equator increases the occurrence of SAD. Those already experiencing clinical depression or bipolar disorder may see a



worsening of their symptoms in winter.

One theory suggests that SAD is an evolutionary adaptation in humans, similar to hibernation in animals. As food gets scarcer and the weather gets colder, animals adapt by storing fat and reducing caloric output. Applied to humans, this could explain the carbohydrate cravings, increased sleep and reduction in energy levels.

This is one of the snowiest winters in Iowa's history. If you are struggling with some or all of these symptoms, reach out for support!

If you need to speak with someone urgently, use Foundation 2 Crisis Line Iowa: (800) 332-4224 or (319) 362-2174

You can also make an appointment for mental health support at the Tribal Clinic by calling 641-484-4094

~ Cait Silveira, LMHC  
Mental Health Counselor

## PHARMACY CORNER

As spring approaches (hopefully soon!) it's a good time to start thinking about spring cleaning your medicine cabinet. Now is a great time to remove any old, expired, or unused medication that you may have lying around. Not only are expired medications not likely to be effective, but they may also be dangerous if consumed accidentally, especially by children, so it's best to get them out of your home. The internet is a great resource for finding ways to dispose of these medications, but you can also bring



it to the Meskwaki Pharmacy. We will gladly dispose of them for you. There are some restrictions as to what we can and cannot take back, so please feel free to call or stop in and see us if you have any questions. It is best if you remove all labels from the bottles before returning them to the pharmacy for destruction.

The onset of spring also brings with it the onset of allergies for many people. Allergy symptoms commonly include itchy, watery eyes, runny nose and sneezing. The Meskwaki Pharmacy carries several medications to help treat allergies and allergy symptoms. Please talk to your provider to find out what treatment is best for you. It's your health!

The flu is still quite prevalent in the community and it is not too late to obtain your flu shot if you have not already received it. Schedule an appointment with a nurse today. Also remember that good hand washing is the number one way to prevent the spread of the flu and other nasty germs.

Did you know that you can receive automatic notifications when your prescriptions are ready for pick-up? Simply provide the pharmacy with either an email address or a cell phone number and the pharmacy will send an email or text message to you when your prescriptions have been filled. Please see the pharmacy for more information!

Please remember to allow plenty of time for the pharmacy to prepare your refills. More and more often we are seeing patients come to the pharmacy to pick up their medications only to find that they are not ready. There can be many reasons for this. You may be out of refills and we may be waiting to hear back from your provider. It's also possible that we ran out of the medication and are waiting for our order to arrive. In the winter it's not unusual for the pharmacy to close or open late due to poor road conditions and it's not unusual for our order to be late or not arrive at all for the same reasons. Calling at least 24 hours or more in advance allows us more time to make sure your prescriptions are ready for pick-up and can save you from multiple trips to the pharmacy. The refill line is available 24



hours a day, 7 days a week. You may leave your requests at any time of the day. Thank you for your consideration!

~Meskwaki Pharmacy  
Patrick Bolte – Pharmacist  
Sandy Lasley-Kapayou – Pharmacy Technician  
Gailyn Kapayou – Pharmacy Technician

## MARCH IS COLORECTAL CANCER AWARENESS MONTH

Colorectal Cancer (CRC), is a leading cause of cancer deaths among American Indian and Alaska Native (AI/AN) men and women. Screening is an effective way to reduce the number of deaths from CRC, since the likelihood of surviving CRC increases greatly when the cancer is detected in its earliest stages. CRC screening is recommended for all 50-75 year old women and men.

**The best test is the one that gets done!**

The CHR department will be offering Colon Cancer Screening tests starting this month. All participants will receive a gift bag, then a gift certificate to the Meskwaki Travel Plaza after a completed test is returned.

Please contact Danelle at the CHR dept. 641-484-9419, for your test.

Colon cancer is:

- PREVENTABLE
- TREATABLE
- BEATABLE



## SETTFIT HALFWAY POINT UPDATE

SettFit participants are out cheering each other on and working harder than ever! 122 community members are still going strong at the halfway mark. **The average weight loss is 2% of initial body weight.**

Our weekly winners in the challenge points categories:

- Week 1: Anneka Davenport with 61 points
- Week 2: Payton Whitebreast with 59 points
- Week 3: Kathy Shuckahoosee with 56 points
- Week 4: Gloria Youngbear with 57 points

Great job everyone!



**APRIL 11**  
9AM - 3PM  
MESKWAKI TRAVEL PLAZA  
CONVENTION CENTER

**THURSDAY 2019**

This is a **FREE** community event designed to encourage healthy lifestyles, prevent & manage disease, and connect you to resources.

**INFORMATIONAL BOOTHS  
DOOR PRIZES  
HEALTH RESOURCES  
& MORE!**

For more information contact the Meskwaki Health Clinic at **(641) 484 4094**



**MESKWAKI WELLNESS**  
KWITTIKITO KEWYAWI

**WELLNESS CENTER HOURS**  
Mon - Thu 6 AM - 9 PM  
Fri: 6 AM - 7 PM  
Sat: 8 AM - Noon  
Sun: 8 AM - Noon

**CALL: (641) 484-9272**

**TIME TO REFILL**

**NEED A PRESCRIPTION REFILLED?**

**CALL THE PHARMACY'S 24/7 HOUR REFILL LINE.**

**\*Please allow 24 hours to refill a prescription.**

**CALL: (641) 484-9451**

**CIRCUIT WORKOUT**  
Join Jason Jefferson for a circuit class at the Wellness Center. Grab your workout gear and get your heart rate pumping!  
**Weds @ 6 PM** (1 hr class)

**AQUA AEROBICS**  
Join Jason at the MBCH pool for resistance training in the water. Don't forget your swimsuit!  
**Tues @ 5 PM** (1 hr class)  
**Thur @ 9 AM** (1 hr class)

**YOGA**  
Join Ashley Aylsworth in the Health Clinic's Conference room to levitate your state of mind, strengthen your body and root yourself to the Earth.  
**Tues @ 12:30 PM** (30 min class)  
**Thur @ 5 PM** (1 hr class)

**SETT-FIT FINAL WEIGH-IN**  
MARCH 11TH!  
Find out who our winners are in next month's MNT!

**Circuit WORKOUT**  
High Intensive Interval Training

**STARTING DEC 4TH!**  
**Water Aerobics**

**YOGA**  
**GROUP FITNESS**

**MESKWAKI 12-WEEK FITNESS PROGRAM 2019**  
**SETT-FIT CHALLENGE**



Children have this amazing way of becoming exactly who we tell them they are. If we tell them they are strong, they become strong. If we tell them they are kind, they become kind. If we tell them they are capable, they become capable. Speak life into your kids, so they will have what it takes to tackle their own life one day.

Amy Wentherly

## Healthy Communication Benefits Everyone

When witnessing healthy communication patterns, we learn how to treat others in healthy ways. Strengthening our own skills and modeling positive communication skills can teach our children the importance of healthy communication & healthy relationships.

Learning & having healthy skills of communication lead to character & relationship virtues. These skills can lead to greater awareness, balance, resilience, resourcefulness, positivity, kindness, humility, appreciation, tolerance, respectfulness, unselfishness, benevolence, compassion, & forgiveness.

SOURCE: Adapted from: Harris, V. (2014). Tips for service providers: Healthy and effective communication.

## Basic Questions for Mothers and Fathers

- What are the main differences we have in raising our children?
- How have these issues affected our children?
- What are the differences I/we can solve?
- How can I/we solve them?
- What are the differences I/we can't solve?
- How can I better understand the point of view of my child's mother/father on how to raise our children?
- How can I help the mother/father of my child better understand my point of view on how to raise them?
- Do I respect & value the other parent's point of view?
- If not, how can I better respect & value it?

Co-parenting is an area of focus for all parents to work on, but "co-parenting" & "co-parent" refer specifically to parents separated by divorce or who were never married to each other. Co-parenting refers to parents living apart and trying to raise their children together. (Another term is shared parenting.)

It can be difficult for mothers & fathers who don't live together to agree on how to raise their children. Also, the mother-father relationship is often a poor one. The feelings the mother & father have about each other can poison how they parent their children alone, and together.

Remember the mother-father relationship is the most important relationship in the life of a child. It is the blueprint a child uses in every relationship he or she develops; at least until they're mature enough to separate their own relationships, and how to behave in them, from the parents. Helping mothers & fathers effectively co-parent may be the most caring way to help mothers, fathers, & children.

It's vital to remember a few things too. First, what is the quality of the relationship between the parents. If it is a good one, effective co-parenting might already exist or, at least, should be attainable. If the relationship is of poor quality, there will be barriers to overcome.

Second, identify the abuse level (domestic, verbal, etc), if any, that is or was present in the mother-father relationship. If Dad abuses or abused Mom, the emotional scars left in the wake of abuse may make it difficult for her to find a way to move past it, even if the father had counseling or completed a treatment program for the abuse. This also applies if Dad was the one who was abused and Mom completed a program for the abuse.

Third, moms & dads focus too often on the differences they can't solve rather than on the ones they can solve. Both parents need to identify solvable issues that create "small wins" and build from there. Learning how to listen first and talk second can pave the way for more effective communication between a mother and father on how to address their co-parenting issues.

It is difficult, if not impossible, to resolve co-parenting issues when mothers don't respect or value the father's point of view. And when fathers don't respect or value the mother's point of view.

Ask yourself the questions above & take the corrective actions to be better parents. Your children will be thankful some day. <http://bit.ly/14-Critical-Issues-to-Discuss>

### \*MEC MEMBERS\*

Kayla is working hard to set up for her & MEC Elders to begin healing sessions for our families.

Once the weather starts to cooperate a little better, she will begin.

MNCSS thanks you and looks forward to working with you. If you know of an Elder who would be an awesome addition, please have them call our office at 641-484-9301.



Always be kind.

If you see someone falling behind, walk beside them. If someone is being ignored find a way to include them.

If someone has been knocked down, lift them up. Always remind people of their worth.

Be who you needed when you were going through hard times. Just one small act of kindness could mean the world to someone.

My Life

**A mistake repeated more than once is a decision.**

Paulo Coelho



## FAMILY SERVICES

### MYTHS AND FACTS ABOUT DOMESTIC VIOLENCE

**MYTH:** *Domestic violence is a private family matter.*

**FACT:** Domestic Violence is everyone's business. Keeping domestic violence secret helps no one, has been shown to harm children, incurs substantial costs to society, and serves to perpetrate abuse through learned patterns of behavior.

**MYTH:** Most of the time, domestic violence is not really that serious.

**FACT:** Domestic violence is an illegal act in the U.S. and is considered a crime with serious repercussions. Although there are aspects of domestic violence (example: emotional, psychological, spiritual abuse) that may not be considered criminal in a legal sense, serious and long-lasting physical, emotional and spiritual harm can, and often does, occur. Each and every act of domestic violence needs to be taken seriously.

**MYTH:** *Victims provoke their partners' violence.*

**FACT:** Whatever the problems exist in a relationship, the use of violence is never justifiable or acceptable. There is NO EXCUSE for domestic violence.

**MYTH:** *Domestic violence is an impulse control or anger management problem.*

**FACT:** Abusers act deliberately and with forethought. Abusers choose whom to abuse. For example, an abuser will selectively batter his wife but not his boss.

**MYTH:** *Domestic violence is bad but it happens elsewhere. It doesn't happen in my community, my neighborhood, my culture, my religion, or my congregation.*

**FACT:** Domestic violence happens to people of every educational and socioeconomic level. Domestic violence happens in all races, religions, and age groups. Domestic violence occurs in both heterosexual and same-sex relationships.

**MYTH:** *It is easy for a victim to leave their abuser, so if he/she doesn't leave, it means*

Introducing...



We believe our clients in Iowa's tribal communities are **NOT** victims...

**THEY ARE SURVIVORS!**

Call our crisis line for support:  
**(641) 481-0334**

**PROVIDING CULTURALLY APPROPRIATE HELP TO INDIGENOUS SURVIVORS TO ENCOURAGE HEALING THROUGH EMPOWERMENT AND SUPPORT.**

*he/she likes the abuse or is exaggerating how bad it is.*

**FACT:** Fear, lack of safe options, and the inability to survive economically prevent many victims from leaving abusive relationships. Threats of harm, including death to the victim and/or children, keep many battered women/men trapped in abusive situations. The most dangerous time for a victim is when he/she attempts to leave the relationship, or when the abuser discovers that he/she has made plans to leave.

**MYTH:** *Domestic violence can occur in older women, but it is quite rare.*

**FACT:** Approximately half of all elder abuse in women is thought to be domestic violence "grown old". Older battered women are less likely to seek and receive help.

**MYTH:** *Anger management programs are briefer, more cost effective than, and just as successful as certified batterer intervention programs.*

**FACT:** Although briefer and less expensive than certified batterer intervention programs, anger management programs are not effective to address the deep-rooted issues of batterers.

**MYTH:** *Domestic Abuse is caused by excessive alcohol or the use of drugs.*

**FACT:** A lot of research is going into the link between drug or alcohol use and violence. However, although some abusers are more prone to being violent when drunk, many more abuse when completely sober. Alcohol and drugs may increase the violence, but they do not cause it. Alcohol and drug abuse are separate issues from abuse, though they may overlap. Once again, blaming chemical dependency for abuse is missing the point, the abuser is responsible for his actions.

**R.I.S.E. can be reached during office hours at (641) 484-4444 or through our crisis line (641) 481-0334.**

### Domestic violence is not a Native American tradition.

Does your partner ever...

- Call you names or criticize you?
- Threaten to hurt you or your children?
- Isolate you from family or friends?
- Push, slap, kick or strangle you?
- Refuse to give you money for food, gas or medicine?



**STRONGHEARTS**  
Native Helpline

Get free, confidential support at  
**1-844-7NATIVE (1-844-762-8483)**

open 7 a.m. to 10 p.m. CST, 7 days a week.

Callers after hours may connect with the National Domestic Violence Hotline or call back the next business day.

Trust. Speak. Heal. Together. | Visit [strongheartshelpline.org](http://strongheartshelpline.org).



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## MEMBER TO PARTICIPATE IN AMERICAN COUNCIL OF YOUNG POLITICAL LEADERS' EXCHANGE TO MACEDONIA

Christina Blackcloud, Meskwaki Nation, has been invited by the American Council of Young Political Leaders (ACYPL) to participate in a two-week exchange to Macedonia, Europe occurring March 4 – 15, 2019.

"I am honored and excited to travel abroad," stated Blackcloud. "I was nominated in 2016 by former Iowa Senator and ACYPL alumna, Jeff Danielson. The ACYPL exchange is highly competitive. The group advised

that an exchange might not even happen during my time with them. You can imagine my surprise when I received the phone call! I look forward to understanding governmental policies and plan to focus on self-governance, aging, environmental, and economic development."

Twice, Christina was elected and attended the Democratic National Convention, participating as an at-large delegate for Iowa.

Each year, with support from the United States Department of State, our international partner organizations, and a wide range of corporations, foundations, and individuals, ACYPL conducts a variety of exchanges for rising political leaders from across the United States and around the world. ACYPL has a network of over 8,500 alumni in 128 countries and territories.

ACYPL programs are designed for bipartisan groups of 7 emerging leaders under the age of 40 to experience other country's political environment. For 8-14 days, participants visit the capital and 1-2 other cities to meet with government officials, political parties, elected leaders, policy experts, and members of the business community."

~ [www.acypl.org](http://www.acypl.org)

## HOUSING DEPARTMENT SERVICE CALLS

If you are calling the Housing Department for HVAC, plumbing or electrical service requests, please be advised we are scheduling service calls

for non-emergency requests on Mondays and Fridays. This is due to the Apprenticeship Program's need for classroom time for their apprentices.

When calling, please provide our office staff with all pertinent information (i.e., what, where, how long, updated call back number, etc.) so we can provide our techs with the necessary information to determine the appropriate time-frame and supplies needed to complete the service call. If the Apprenticeship Instructor determines they can fit your service request into their class schedule (Tuesday - Thursday), they will call you to reschedule an alternate date/time.

Your needs are extremely important to us. We appreciate your help as we work to teach and grow our apprenticeship program. Thank you in advance for your cooperation and understanding.

~ Arlan Whitebreast, Meskwaki Housing Program



## ENROLLMENT COMMITTEE SEEKING COMMITTEE MEMBER

The Enrollment Committee is seeking one (1) member. The committee shall be composed of seven (7) enrolled members appointed by the Tribal Council to review enrollment applications and discuss various enrollment matters. Terms: The term for each committee member shall be four (4) years.

Enrollment Committee: Interested tribal members must submit a letter of interest to: Sac & Fox Tribal Council, 349 Meskwaki Road, Tama, IA 52339.

The Enrollment Office will be closed the week of March 25 – 29, 2019. Thank you for your understanding.

~ Luciana Roberts, Enrollment Officer

## ELECTION COMMITTEE SEEKING COMMITTEE MEMBERS

Election Committee has two (2) vacancies. Contact Christina Blackcloud at 641-484-9594 if interested. Three (3) Tribal Council vacancies will occur this year during General Election. The term will be for November 2019 – 2021. Visit the Election Board website at: <https://meskwaki.org/government/elections>.

## MAPA ANNOUNCEMENT

Meskwaki Annual Powwow Association Powwow jacket pick up at the Tribal Center is March 4 from 5:00 p.m. to 7:00 p.m. for anyone who ordered a jacket. Payment is due at pickup.





## CASINO CORNER

When you visit MBCH to host or attend a birthday party in the hotel and/or pool areas, please remember the space under the canopy and next to the building are not considered parking areas. They are designated as loading areas. MBCH would like to keep these areas clear in case emergency vehicles such as ambulances and fire trucks are needed. When the loading areas are clear, the emergency vehicle or vehicles will have better access to the entrances and get to the person or persons that are in need of emergency care more swiftly. Please keep in mind the person who may need the care could be a loved one of yours.

Also, if you are getting a hotel room for someone besides yourself, please make sure you know and trust the person. If they damage the room and/or its contents, or any illegal activity is discovered in the room, you can and will be held responsible whether or not you were ever in the room. The consequences should any of these incidents happen, include financial responsibility, reduction or revocation of your player's status and rewards, and the possibility of being permanently banned from the premises.

As many of you are fond of saying, it's your casino. So, please, abide by the rules and take care of it like it is yours. That way everyone can benefit from an operation that you can be proud of.

~ Craig Young Bear, Security Director

## WHAT'S BUGGING RANDY

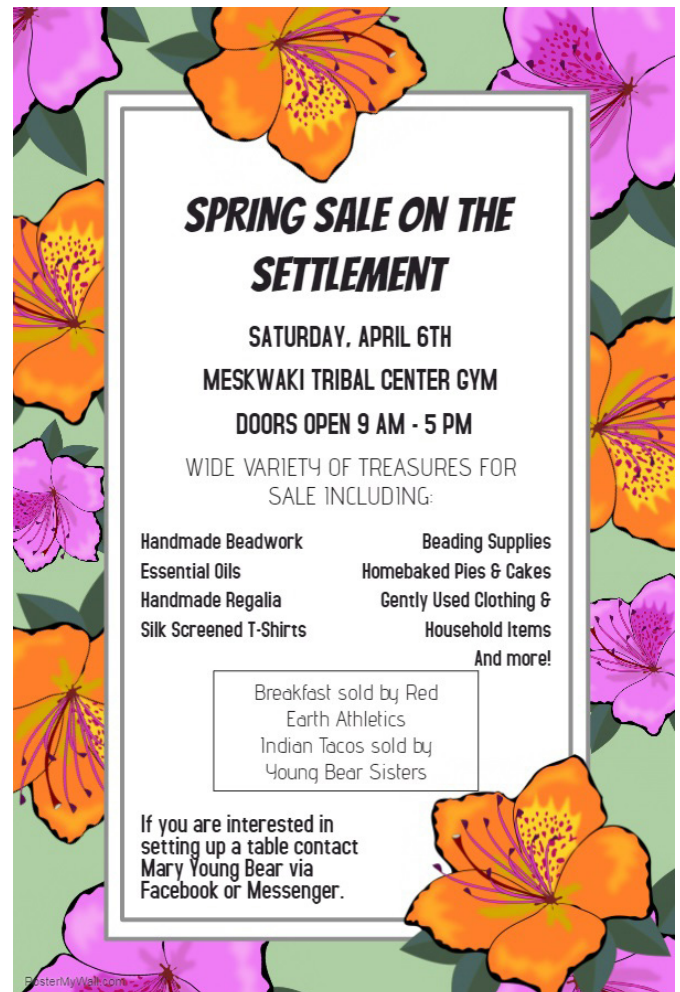
The Meskwaki Apprenticeship Program has now taken over the house on H Avenue and Housing has moved over to East Village Road in the two trailers located in the area you first come to on the road.

The pest control division of the Apprenticeship Program has been keeping very busy. We look forward to coming to your house. We plan to visit all the houses on the Settlement to see what we can do for you and give you protection from any pests. Our goal is to make your house pest free and safe for you and your family. The National Pest Control Association has been conducting inspections on houses and finding out that there are many diseases in the houses with problems with pest infestations. Their recommendations are to keep your houses clean and have pest control service monthly to keep the problem from happening again.

We have a great staff of pest control technicians here with the Meskwaki Apprenticeship Program. As the lead technician, I have several years experience in the pest control profession. The other three pest control technicians are Brenton Pushetonequa, Tyrone Roberts and Trey Keahna. They have been doing a great job learning what to do to make your pest problems go away. We are looking forward to helping you with your needs. Call us at (641) 484-4972.

Thank you!

~ Randy Frohwein,  
Pest Control





# 3RD ANNUAL COLLEGE & CAREER FAIR 2019



**OPEN TO THE PUBLIC**



MEET WITH EMPLOYERS AND  
VARIOUS COLLEGE &  
UNIVERSITY REPRESENTATIVES.

**APRIL 2, 2019**

**TUESDAY**

**12 P.M. - 3:00 P.M.**

**MBCH MESKWAKI**

**VETERAN'S**

**CONVENTION**

**CENTER**

**EMPLOYER INFORMATION BOOTHS**

HEALTH SERVICES  
MANUFACTURING  
RETAILING  
SALES & MARKETING  
VARIED INDUSTRIES

**COLLEGE AND UNIVERSITY BOOTHS**

APPRENTICESHIP PROGRAMS  
CAREERS/TECHNICAL SCHOOLS  
COLLEGES  
INTERNSHIPS  
TRADES/VOCATIONAL  
UNIVERSITIES

**College and department  
Registration Information:**

Terri Scott, Director  
(641) 484-3157  
director.mhe@meskwaki-nsn.gov

**Business Registration:**

Neysa Hartzler– Business Marketing  
Specialist, Iowa Works-Marshalltown, IA  
PH: 641-844-6995  
Email: Neysa.hartzler@iwd.iowa.gov



SPONSORED BY MESKWAKI HIGHER ED PROGRAM AND IOWA WORKS,

“ASSISTING ENROLLED MESKWAKI TRIBAL MEMBERS AND THEIR DESCENDANTS IN PURSUING  
POST-SECONDARY EDUCATION AND LIFE-LONG LEARNING GOALS.”





## MESKWAKI VETERAN TAKES HONOR FLIGHT

This past fall Robin Roberts made a journey that was several years in the making. Roberts served in the United States Marine Corps from 1975-78 and again from 1979-81. He credits the service of his three older brothers Forest, Conrad, and Ernie as the driving force behind his decision to enlist. Close to 40 years after his service, Roberts had an opportunity to travel to the nation's capital with other veterans to be honored and visit several war memorials. After learning about the Eastern Iowa Honor Flight (EIHf) program that works to send area veterans to Washington D.C., Roberts knew he was interested in participating.

The Eastern Iowa Honor Flight organization is one of six Honor Flight hubs in the state of Iowa that coordinates flights from different airports out to D.C. To date, the Eastern Iowa hub has transported more than 2,300 veterans to visit Washington D.C.



since beginning in 2009.

Roberts applied to take one of the Honor Flights and waited several months before hearing that he was cleared to go. Then on September 18, 2018 he joined over 100 area veterans and guardians on an

Honor Flight to Washington D.C. The group departed from the Eastern Iowa Airport in Cedar Rapids before sunrise and returned that same day around 8:30 in the evening. Prior to the trip, Roberts had made plans to undergo a knee replacement surgery but thankfully was cleared by his doctor to delay the procedure so that he could attend the Honor Flight. While on the trip Roberts was assisted by Sandy Edwards who is one of several guardians who volunteer their time and pay their own way to travel with the veterans and assist them when needed.

Upon arrival in the nation's capital the EIHf group were welcomed in with a band and a full reception. The Iowa veterans then toured war memorials throughout the National Mall. Roberts recalled the Korean War Memorial with its life-sized soldier statues as being particularly "outstanding". The Vietnam War Memorial also stood out to Roberts who served during that era in the 1970s. Roberts spent time at the memorial searching for the names of three relatives that died during the Vietnam War.

Those included Terry Roberts, Dale Benson, and Richard Youngbear. Although his time at The Wall was limited due to the group's tightly packed schedule, Roberts was thankful he was at least able to

locate Richard Youngbear's name on the memorial.

After a full day of travel the veterans were given a hero's welcome at the Eastern Iowa Airport in Cedar Rapids. Family members, well-wishers, fellow veterans, color guards, police and fire departments and the 12-member Cedar Valley Big Band all packed the airport terminal to greet the Honor Flight veterans as they returned home. Reflecting back on the welcome reception Roberts commented, "I was glad for a lot of those guys. For many of them, they didn't get a marching band or a welcome party when they came home."

Roberts indicated that he enjoyed his trip with the Eastern Iowa Honor Flight group and would recommend it to any other veterans in the community. The group has already announced their 2019 Honor Flight dates including: April 16, May 21, September 17, and October 15.

For more information on the Eastern Iowa Honor Flight organization visit [www.eihonorflight.org](http://www.eihonorflight.org).

## SENIOR SERVICES

The Senior Center offers nutritious meals every weekday FREE to Seniors and only \$6.00 for visitors. Seniors call before 10 AM to schedule transportation or meal delivery.



- March 4 – Darts @ 1:00 p.m.
- March 6 – Bean bags @ 1:00 p.m.
- March 8 – Ames shopping trip @ 10:00 a.m.
- March 11 – Darts @ 1:00 p.m.
- March 12 – Elder's Com. Meeting @ 1:00 p.m.
- March 13 – Bingo @ 1:00 p.m.
- March 13 – Game Night, 5:00 p.m. – 8:00 p.m.
- March 14 – Blood pressure, 11:00 a.m.
- March 15 – Plaza 9 movie
- March 18 – Bean bags @ 1:00 p.m.
- March 22 – Plaza 9 movie
- March 26 – Blood pressure, 11:00 a.m.
- March 26 – Birthday meal @ 12:00 p.m.
- March 27 – Bingo @ 1:00 p.m.
- March 28 – Guest speaker @ 12:00 p.m.
- March 28 – Craft day @ 1:00 p.m.
- March 29 – Medicare reimb. checks



## CONTROL YOURSELF!

Dear Dr. Per Cap: I heard they are changing the way credit scores are calculated. What gives?

I'm anxious to know why and how it will impact my own credit score.  
Signed, Nervous Borrower



Dear Nervous,

Big changes are in the works at Fair Isaac Corporation, better known as the folks that bring us the FICO credit score. The financial report card that determines if we get approved for loans, the interest rates we pay, and a heap of other important concerns like auto insurance rates, employment screenings, and rental applications. Beginning in 2019 a new score called UltraFICO will take into account how much money a person has in their checking and savings accounts. Yes, you read that right - if worrying about late payments on your credit cards wasn't stressful enough, now you need to worry about the balance in your checking account too? Yikes!

Relax it's not bad news. In the past the FICO score has been primarily based on two things: a person's payment history on credit trade lines, like credit cards and auto loans, and the total amount of debt a person carries. Non-credit financial information like how much money you keep in the bank, your income, and net worth don't factor into your FICO score. That's why it was once reported that America's third richest person, Warren Buffet, only sported a very average 718 credit score - remember the score ranges from 300 to 850. Hey I think I have a better credit score than Warren Buffet!

One problem with FICO's current credit scoring system is that it's not always an accurate reflection

of a person's creditworthiness. Moreover, the system is ripe for errors. Like the time my Aunt Bea found a collection listed on her credit report from Wild Ernie's Erotic Excursions. Hey, it wasn't hers..... really!

Seriously though, the primary motivation here is that banks and lenders are looking for people to lend money to because years of strict credit score standards have limited the number of eligible borrowers. It's business and they need to churn more loans. So the idea is that people with a few credit hiccups might have compensating factors, like solid banking habits, that deem them less risky borrowers.

UltraFICO will likely hike the credit scores of many credit challenged consumers who can demonstrate favorable banking activity. What's favorable? For starters folks with an average account balance of at least \$400 and no overdrafts within the last three months. That's good news for some. But if it feels like a tall order, rest assured that UltraFICO is an optional score that you can request a lender to calculate if your regular aka traditional FICO score falls short. In the event your banking activity isn't up to speed or you just don't want to share any more personal information with FICO (I don't blame you!) you have the right to stick with your traditional FICO score.

Aside from UltraFICO other borrower friendly changes occurred to the credit scoring system last year. Specifically, the three main credit bureaus Equifax, Experian, and TransUnion began

BRING HER HOME. YOUR HELP IS NEEDED.

# MISSING PERSON

# \$50,000 REWARD



A \$50,000 reward is being offered for anyone willing to come forward with new information that leads to finding Rita Janelle Papakee.

On January 16, 2015 Rita Papakee was last seen at the Meskwaki Bingo Casino Hotel near Tama, Iowa. She has not been heard from since.

She was 41 years old at the time of her disappearance. She was described as a Native American female with brown hair and brown eyes. She was 5'4" tall and weighed between 145-170 lbs.

If you have any information about what may have happened to her, please contact the number below.



Missing since January 16, 2015

# RITA PAPAKEE

Please contact the Meskwaki Nation Police Department with any information about what may have happened.

Call:

**(641) 484-4844**

Or text information to: (641) 481-6002

removing many tax liens and civil judgments from credit reports. Moreover certain non-loan collections such as gym memberships, speeding tickets, and library fines are also being deleted thanks to a recent settlement with state attorneys generals. Whew.... we never did find that copy of I Really Like Slop that my four-year-old checked out last year.

So overall if your credit is anything less than picture perfect - cheer up. Many of these changes might just boost your FICO score a few points. And remember to pull your credit report once a year using a trusted source like [annualcreditreport.com](http://annualcreditreport.com) or Credit Karma which provides a free credit score estimate.

Ask Dr. Per Cap is a program funded by First Nations Development Institute with assistance from the FINRA Investor Education Foundation and submitted by the Meskwaki Financial Planning Committee. For more information, visit [www.firstnations.org](http://www.firstnations.org). To send a question to Dr. Per Cap, email [askdrpercap@firstnations.org](mailto:askdrpercap@firstnations.org).



## EVERY TEAM MEMBER MAKES A DIFFERENCE

CULTURE, COLLABORATION & COMMUNITY

Please take a look at the positions currently available to you.

We offer competitive wages, great group benefits (health, dental, life), paid vacation, sick leave, disability income protection, retirement benefits and more.

(Indian preferences given in accordance with Sac & Fox Code, Title 9, Sec. 9-1303.)

### Farm Sales Coordinator

Economic Development

#### DUTIES & RESPONSIBILITIES:

- Work in tandem with the Farm Production Manager in overseeing the pack shed responsibilities, which include washing, packing, and weighing produce, and recording in harvest and inventory logs, while maintaining excellent food safety protocols.
- Manage the online market program "Build Your Own" produce box. Assist with the Farm Crew picking and packing produce per invoices for delivery and distribution of custom online orders.
- Transport and deliver produce to online order pick-up points.
- Assist in developing marketing strategies for the tiny farm stand coolers, mobile trailer, and online sales order pick-ups.

#### REQUIREMENTS:

- AA or BA/BS degree in Business, Marketing, Public Relations, or Communications Preferred.
- Some experience with Square or other electronic payment services.
- Knowledge of accounting and record keeping.
- Some knowledge of farming or local foods required.
- Must have excellent customer service skills.
- Must have good verbal and written communication skills, organizational skills and planning skills.

**SALARY:** \$39,520

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>

### Housing Carpenter 3

Meskwaki Housing

#### DUTIES & RESPONSIBILITIES:

- Constructs, erects, installs and repairs structures and fixtures of wood, plywood and wallboard using carpenter's hand tools and power tools in conformance with local building codes.

**FOR FULL JOB DESCRIPTIONS GO TO:  
WWW.MESKWAKI.ORG & CLICK ON "CAREERS"**

**Please submit  
your application/  
resume and salary  
expectations to  
Human Resources in  
one of three ways:**

#### 1. Email:

[applications@meskwaki-nsn.gov](mailto:applications@meskwaki-nsn.gov)

#### 2. Online:

<https://meskwaki.applicantpro.com/jobs>

#### 3. Mail:

**Sac & Fox Tribe of the Mississippi in Iowa  
349 Meskwaki Road  
Tama, IA 52339**

• Studies blueprints, sketches or building plans to determine type of material required and dimensions of structure to be fabricated and selects specific type of lumber to be used.

• Prepares layout, marks cutting and assembly lines on materials, assembles cut and shaped materials to prescribed measurements.

• Verifies trueness of structure.

#### REQUIREMENTS:

• High School Diploma or G.E.D.

• Must have at least 6 years of construction experience in the following: Framing and Layout, Trim and Finish Work, Roofing and Siding, Concrete Forming and Finishing

• Must be in good physical condition.

• Must have initiative to motivate self and complete work as instructed.

**SALARY:** \$40,102 - \$53,040

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>

### Administrative Services Instructor

Apprenticeship Program

#### DUTIES & RESPONSIBILITIES:

• Follow established rules and regulations; maintain a safe, clean working environment.

• Daily supervision & mentorship of Meskwaki Apprenticeship program participants in Administrative Services.

• Prepare lesson plan's and execute delivery of classroom curriculum.

• Maintain records, document actions, and present written or computerized progress reports and class calendar.

• Provide assessment/evaluation of Meskwaki Apprenticeship program participants

• Assist in the development & execution of on the job learning in accordance to the Meskwaki Nation Apprenticeship program curriculum.

• Insure compliance with US Department of Labor Apprenticeship Standards.

#### REQUIREMENTS:

• Minimum of 5 years' experience at a supervisory level in office management.

• A minimum of a AA in Business, Accounting, Education or related field, BA preferred.

• Excellent organizational skills and attention to detail.

• Experience in accounts payable/receivable.

• Ability to successfully instruct adult education classes.

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>

### Maternal Child Health Specialist

Meskwaki Tribal Health Center

#### DUTIES & RESPONSIBILITIES:

• Provide daily management of the maternal child health project.

• Ensure collection of program data through various methods.

• Attend and assist in all required programming classes, meetings, and community events.

• Create and promote information to community to recruit participants.

• Raise public awareness and disseminated education topics regarding MCH issues.

• Aid in the development of appropriate service plans for families.

#### REQUIREMENTS:

• 3-5 years administrative, case management, or community health work experience required.

• Must possess knowledge of maternal child health issues.

• Complete the Healthy Start Community Health

- Must be able to interact, and present to, both public and private health officials and the tribal community.
- Must have experience working with tribal communities.
- General understanding of Meskwaki tribal norms and customs.

## POSITION OPEN UNTIL FILLED

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>

## Pest Control Trainer

### Apprenticeship Program

#### DUTIES & RESPONSIBILITIES:

- Follow established rules and regulations; maintain a safe, clean working environment.
- Daily supervision & mentorship of Meskwaki Apprenticeship Program participants in the evaluation/identity of pest infestations; methods of treatment and preventative measures.
- Organize, file and maintain daily records
- Assist in the coordination and completion of residential/commercial service calls.
- Assist in the planning & coordination of on the job and learning lab activities
- Assist in the assessment/evaluation of Meskwaki Apprenticeship Program participants

#### REQUIREMENTS:

- Must hold an Iowa Commercial Pesticide Applicator License and Certification.
- Category 7A General Household Pest Management
- Category 7B Termite Control
- Category 7C Fumigation
- Category 7D Community Insect Management
- Category 7E Wood Preservatives
- Category 8 Public Health Pest Control
- Minimum of 5 years as a practicing licensed exterminator

**SALARY:** \$29,619 - \$43,617

## POSITION OPEN UNTIL FILLED

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>

## Natural Resource Field Technician (Seasonal)

### Meskwaki Natural Resources

#### DUTIES & RESPONSIBILITIES:

- Assist staff in the daily operation of all MNR field activities
- Conduct biological monitoring, assessment surveys, and /or restoration projects

- Collect and organize data for monitoring Tribal natural resources
- Maintain and organize department equipment
- Assist with maintaining and further developing GPS/GIS databases

#### REQUIREMENTS:

- High School Diploma or equivalent required
- Must have a valid driver's license and be insurable
- Must successfully complete the departmental safety training within thirty (30) days upon hire; prior to assisting with the management of the buffalo herd
- Preferred working knowledge of: Land management planning, Indoor/outdoor Air Quality, Groundwater/Surface Water

**SALARY:** \$13.00/hour

## POSITION OPEN UNTIL FILLED

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>

## Gaming Commissioner

### Gaming Commission

**GENERAL DESCRIPTION:** Supervise all gambling operations governed by the Gaming Ordinance and adopt such rules and regulations deemed necessary to carry out the provisions of the Gaming Ordinance.

#### DUTIES & RESPONSIBILITIES:

- License all employees, agents or contractors requiring a gaming license related to the Tribe's gaming enterprise, monitor compliance with the Gaming Ordinance and take appropriate action when non-compliance or fraudulent practice occurs.
- Adopt standards under which all gambling operations shall be held, including internal controls, regulation of the prize and wagering structure, determine payouts from the gambling and payout rate of the slot machines.
- Inspect and examine all premises wherein gaming is conducted or gambling devices and equipment are manufactured, sold or distributed and any equipment and supplies which may or have been used in the gaming establishment, wherever located.
- Seize, remove and impound equipment, supplies or other property for examination; or seize and impound a patron's winnings when there is reason to believe that the Gaming Ordinance has been violated pending civil forfeiture hearings or criminal proceedings.
- Access, inspect, examine, copy and audit all papers, books and records of applicants and licensees respecting any revenue or income produced by any gaming business.
- Investigate alleged violations of the Gaming Ordinance, Commission rules and regulations, the Compact and any other applicable laws and take appropriate disciplinary action or institute appropriate legal action for enforcement of both.

#### REQUIREMENTS:

- Enrolled member of the Tribe.

- Applicants must provide a current photograph and two (2) sets of fingerprints on forms commonly used by the Federal Bureau of Investigation and shall be submitted with a sworn statement within the first two weeks following appointment as a Gaming Commissioner. The sworn statement should include a waiver of any right of confidentiality and shall allow access to law enforcement records of the United States, any state and any tribe, extend to any financial or personnel record wherever maintained and authorize the Commission to obtain information from other state and tribal gaming jurisdictions regarding license or permit applications or disciplinary actions or conduct of the appointee in those jurisdictions.
- Applicants must complete and submit to a background packet within the first two weeks following appointment as a Gaming Commissioner.

**NOTE:** Appointments will be temporary pending the completion of a background investigation and verification that the appointee is eligible to serve on the Commission according to the requirements set forth in the Gaming Ordinance.

## POSITION OPEN UNTIL MARCH 14, 2019

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>

## Electrician Trainer

### Apprenticeship Program

#### DUTIES & RESPONSIBILITIES:

- Follow established rules and regulations; maintain a safe, clean working environment.
- Daily supervision & mentorship of Meskwaki Apprenticeship Program participants in the residential/commercial/industrial electrical trade.
- Organize, file and maintain daily records
- Assist in the coordination of service call & mechanical construction projects
- Assist in the planning & coordination of on the job and learning lab activities

#### REQUIREMENTS:

- Minimum of 5 years/10,000 hours on the job experience in Electrical.
- A minimum of a Journey person's license in electricity.
- Masters license in electricity preferred.

## POSITION OPEN UNTIL FILLED

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>

## Natural Resource Intern

### Meskwaki Natural Resources

#### DUTIES & RESPONSIBILITIES:

- Assist staff in the daily operation of all MNR field activities
- Conduct biological monitoring, assessment surveys, and /or restoration projects
- Collect and organize data for monitoring Tribal natural resources



- Maintain and organize department equipment
- Assist with maintaining and further developing GPS/ GIS databases
- Assist in the development and implementation of outreach and education activities including events and print/electronic media

#### REQUIREMENTS:

- High School Diploma or equivalent required. Applicants must be currently attending (or in process of) a college or university to earn a Bachelor's Degree in a Natural Resource Management or Environmental Discipline
- Must possess a valid driver's license and be insurable
- Preferred working knowledge of: Land management planning, Indoor/outdoor Air Quality, Groundwater/ Surface Water
- Preferred experience in working within the Native American Community and/or knowledge of the Meskwaki culture and the Sac & Fox Settlement
- Preferred knowledge of basic: Flora & Fauna identification, Iowa land structure and history

**SALARY:** \$13.00/hour

#### POSITION OPEN UNTIL FILLED

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>

## On-Call Senior Services Assistant

Meskwaki Senior Services

#### SUMMARY:

The On-Call Senior Services Assistant will provide a range of services dependent on the needs of the Senior Services Department during staff shortages, in effort to maintain the quality of services provided to the elder community. Duties may include, but are not limited to, meal preparation, serving and delivery, custodial and minor maintenance work, and client transportation services.

#### REQUIREMENTS:

- High School Diploma or equivalent.
- Must be able to work varied hours.
- Must possess a valid driver's license and be insurable.

- Must be able to drive in all weather conditions.

**SALARY:** \$12.97/hour

#### POSITION OPEN UNTIL FILLED

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>

## Laborer

Public Works

#### DUTIES & RESPONSIBILITIES:

- Perform road maintenance as required by road conditions.
- Perform maintenance related to sewer and water.
- Perform maintenance/repairs in response to requests from community members.
- Perform miscellaneous repairs on equipment and/or vehicles.
- Operate power tools, hand tools, light equipment and machinery in relation to job duties.
- Perform outdoor manual labor including shoveling, trimming, and weed and litter control.
- Assist with solid waste collection.

#### REQUIREMENTS:

- High School Diploma or GED.
- Prefer knowledge of general maintenance associated with Public Works.
- Must possess a valid Driver's License and be insurable, CDL preferred.
- Must be willing to work nights and weekends, as emergency conditions require.

**SALARY:** \$11.33 - \$17.31/hour

#### POSITION OPEN UNTIL FILLED

For full job descriptions & information visit:  
<https://meskwaki.applicantpro.com/jobs/>



**These current jobs are still open and will remain open until filled unless a closing date is posted on our website.**

- **Air Program Lead**  
- Meskwaki Natural Resources
- **Asst. Water & Waste Water Operator**  
- Meskwaki Public Works
- **Carpenter 4**  
- Housing
- **Certified Police Officer**  
- MNPD (\$5000 sign on bonus)

- **Director of Hemp Operations**  
- Executive Management
- **Health Maintenance Worker (PT)**  
- Meskwaki Tribal Health Center
- **Narcotics & Taskforce Coordinator**  
- MNPD (\$5000 sign on bonus)
- **Substance Abuse Counselor**  
- Meskwaki Alcohol & Drug Abuse Center
- **Youth Development Program Asst.**  
- Meskwaki Youth Development

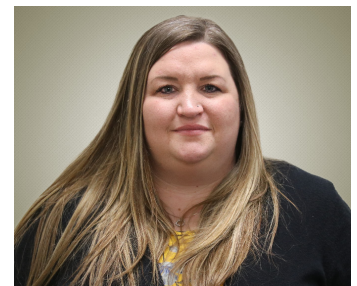
## NEW STAFF



### BRYANT BEAR

*Field Technician - MNR*

Hi, my name is Bryant Bear. I am a Meskwaki Tribal Member and I will be working MNR as a Field Technician. I applied for this job because I like working outside.



### NICOLE LEPLEY

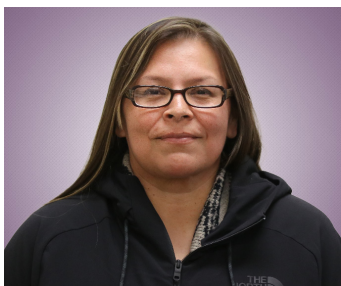
*Elder/Vulnerable Adult Case Manager*

Hello, my name is Nicole Lepley and I was recently brought on as the Elder and Vulnerable Adult Case Manager with Meskwaki Family Services. You can find my office at the Family Services building at South Farm. I have a Bachelor's Degree Sociology and am working on a Master's Degree in Social Work at the University of Iowa. I was interested in this position because I'd like to expand my knowledge in the human services field.

I have been working in human services for 10 years. I have worked a lot in mental health but also have experience working with individuals with intellectual disabilities. My most recent experience was being a case manager for nearly 7 years in Des Moines.

I live in Newton with my significant other and our Rottweiler named Hank. In my free time I watch a lot of documentaries and listen to audio books. I also like to do various crafts.

## NEW STAFF



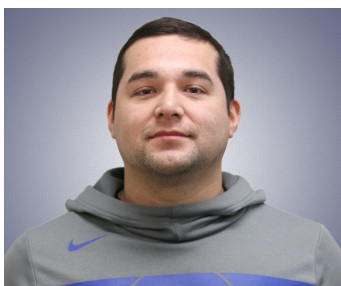
### LUCIE ROBERTS

**Danati**

*Enrollment Officer*

Hi! I'm Lucie Roberts (Danati). I am working as the new Enrollment Officer at the Tribal Center. I have always wanted to return to Tribal Operations after trying out the gaming industry. I have a Bachelor of Arts in Management with an emphasis in Human Resources from Buena Vista University. I started my employment at Meskwaki Bingo in customer service. I then worked in various departments when Meskwaki Casino opened. In the early 2000's I went to work in Human Resources for Tribal Operations and moved to the gaming side for a few years.

In my spare time I enjoy watching my son in football, basketball, track and baseball. I have two children: Ammy and Rudy III. I also have two dogs: Stuart and Edgar. Please feel free to stop by the Enrollment Office and say hello!



### STACY YOUNGBEAR

**Attibita**

*Conservation Aide - MNR*

Hi, my name is Stacy Youngbear (Attibita). I will be working as a Natural Resources Conservation Aide with MNR. Some of my duties will be to assist in the management of the tribal buffalo herd and buffalo wildlife refuge. Outreach and educate the community concerning natural resources. I applied with MNR because I really liked the idea of working with the buffalo.

I enjoy spending time with my family. Some of my hobbies would be playing ball and getting gainz!



### TREY KEAHNA

**Abataona**

*Pest Control Apprentice*

My name is Trey Keahna (Abataona). I'm a grandson of the late Barbara Sue Keahna and a member of the Ho-Chunk Nation.

Recently I was accepted and hired into the Meskwaki Nation Apprenticeship Program in the Pest Control department where I will be a Pest Control Apprentice. I've worked at the casino for the past 3 years in the Receiving Department. I think this is a great opportunity to learn more about something like Pest Control that could be an everyday problem. I also think this could be a good career path.



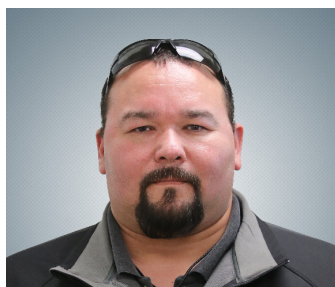
### JAKE HILL

*Water Program Lead - MNR*

Greetings! My name is Jake Hill. I will be the new Water Program Lead for the Meskwaki Natural Resources Department. I have a B.S. Degree in Environmental Science and Biology from Iowa State University and was previously employed by Pheasants Forever, stationed at the Iowa DNR's Prairie Resource Center as a Wildlife Habitat Management Specialist.

I have always been passionate about ecosystem restoration because it benefits people, land, and wildlife in so many ways. Water quality is so important for each of these things and I'm excited to work with the Tribe to improve all aspects of the ecological community.

I enjoy gardening and restoring Iowa's native ecosystems, particularly its prairies and oak savannas.



### CHRISTOPHER SAUNSOCI

**Me'shalah**

*Assistant Chief of Police - MNPD*

Hello, my name is Christopher Saunsoci (Me'shalah). I am an enrolled member of the Omaha Tribe of Nebraska. My father is enrolled in the Omaha Tribe and my mother is enrolled in the Yankton Sioux Tribe. I am the new Assistant Chief of Police. I will be working with the tribal law enforcement as a police officer and in Law Enforcement Administration. My primary objective is to protect the culture and way of life on the Meskwaki Settlement. I will protect the sovereignty of the people in Indian Country. I will be working with the community to keep peace on tribal lands.

I have worked here 11 years ago, around the time when the police department was first established. I enjoyed the people, the culture and the area. Unfortunately, there was a tragedy in my family and I had to leave. Recently, I saw the police department was getting a new state with the repeal of the 1948 Act that gave full criminal jurisdiction to the Meskwaki Nation. This is something I would like to be a part of and bring my experience and knowledge to do anything I can to assist with this new beginning.

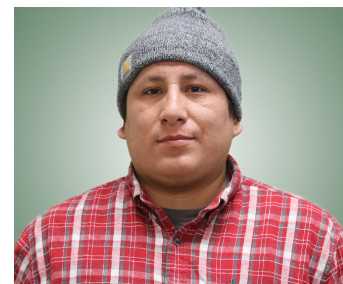
I have 18 years of experience in Indian Country Law Enforcement. I worked 3 years for the City of Lake Andes and Wagner in South Dakota. I then worked in total 8 years in Omaha Nation. 1 year in Meskwaki Nation and 6 years as the Chief of Police for the Yankton Sioux Tribe. In those years I have worked as a patrol officer, a canine officer, a field training officer, a Glock pistol Armor, a Taser Instructor, a criminal investigator and Chief of Police. I have also done employee backgrounds and adjudications.

I was the South Dakota Tribal Representative on the South Dakota Public Safety Communications Council (SDPSCC). Nominated by South Dakota Sec. of Tribal Relations Steve Emery and appointed by South Dakota Gov. Dennis Daugaard.

I assisted teaching the tribal jurisdiction class at the South Dakota Police Academy as well as being an evaluator at the Academy.

I was born and raised in Indian Country, I believe in protecting our culture and way of life. I believe in standing up for our rights and protecting our sovereignty as Native American people.

I come here with my wife that is enrolled Yankton Sioux and my daughter.



### JORDAN THOMPSON

*Field Technician - MNR*

My name is Jordan Thompson and I was recently hired by the Meskwaki Natural Resources Department as a Field Technician where I will be assisting MNR staff in the daily operation of all MNR field activities. I've always wanted to work within the community again and be close to home. This past year I've been working as a machine operator at Lennox.

I enjoy spending time with my 3 kids Bralan (11) Sissy (5), Jaylana (4 months) and family. I also really like fishing, traveling to powwows and playing softball in the summer time. Looking forward to experiencing something new with MNR.





If you have recently moved, please update your address with the Finance Office. Tax documents, checks, the MNT and other notices are sent to Tribal Member's addresses on file. Address change forms are available at the front desk of the Tribal Center and available for download on our website at:

**WWW.MESKWAKI.ORG**  
(Click on the Government/Finance links)

Forms can also be mailed, faxed or emailed to you upon request. **NO CHANGES WILL BE ACCEPTED OVER THE PHONE.** If you have questions, please contact Chad or Dalyn in the Finance office at 641-484-4678.

# MNT

## Meskwaki Nation Times

Preserving sovereignty, protecting traditions, promoting culture and building a stronger community through information, communication and support.

VISIT US ON-LINE

**WWW. MESKWAKI.ORG**

- Community Calendar
- Career Opportunities
- "In The News"
- & more!



The Meskwaki Nation Times is a monthly publication available to all enrolled adult tribal members by mail. The MNT is a member of the Native American Journalists Association and the Professional Photographers of Iowa Association. The deadline to submit articles for the next edition is:

**March 20, 2019**

Articles can be submitted to:

**Meskwaki Nation Times**  
**% Media Coordinator**  
**1646 305th Street**  
**Tama, Iowa 52339**  
**email:**

**itmedia@meskwaki-nsn.gov**

All articles submitted are subject to approval and/or editing due to space available.



Sac & Fox Tribe of the Mississippi in Iowa

**MESKWAKI NATION**

349 Meskwaki Road  
Tama, IA 52339-9634

**Meskwaki Economic  
Development Department  
is sponsoring **FREE****

***INCOME TAX PREPARATION***

**beginning Friday,  
February 1st!**

\*There are income rules which apply.  
Contact Economic Development for specifics.



Call after Friday, Jan 28th  
to set up an appointment:

**(641) 484-9501**

**Per Capita Date: March 8**  
**Tribal Council Regular Meetings Scheduled: March 13 & 27 @ 5 PM**